

**ALL SAINTS
WEST DULWICH**

Praying

THE ROSARY

5 May: Joyful Mysteries

12 May: Mysteries of Light

19 May: Sorrowful Mysteries

26 May: Glorious Mysteries



Introduction

In the Rosary, we meditate on the life of Christ in the company of the Blessed Virgin Mary. Prayers are repeated in order to focus our thoughts, and to take us to a deep contemplative space.

The Rosary consists of four themed 'Mysteries'. Each of the Mysteries has five 'decades', in which we say the 'Hail Mary' ten times. Each decade features an aspect of Christ's life, death and resurrection.

Between them, the Mysteries tell the story of our salvation.

Joyful Mysteries: *the Incarnation and early life of Christ*
(from the Annunciation to Mary to Jesus's boyhood discussion with scribes in the temple).

Mysteries of Light: *the Ministry of Christ*
(from his baptism to the Institution of the Eucharist).

Sorrowful Mysteries: *the Passion of Christ*
(from the Garden of Gethsemane to his death on the cross).

Glorious Mysteries: *our present and future hope*
(from Christ's resurrection, to the coronation of Mary and the glory of the saints).

This May, the Rosary will be streamed live from the vicarage on **Tuesday at 6.00 pm**, week by week taking each Mystery in turn.

As we pray the Rosary, we ask that the face of Christ may become more visible through us.

May his love shine ever more clearly through our words and actions.

The Prayers

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.

Give us today our daily bread.

**Forgive us our sins
as we forgive those
who sin against us.**

**Lead us not into temptation
but deliver us from evil. Amen.**

Hail Mary, full of grace, the Lord is with thee.
Blessèd art thou among women,
and blessèd is the fruit of thy womb, Jesus.
**Holy Mary, Mother of God, pray for us sinners
now and at the hour of our death. Amen.**

Glory to the Father, and to the Son,
and to the Holy Spirit.
**As it was in the beginning is now,
and shall be forever. Amen.**

Structure

† **IN THE NAME of the Father, and of the Son,
and of the Holy Spirit. Amen.**

The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.**

Prayer for the World

1. Our Father . . .
2. Hail Mary (*three times*)
(*each week we focus on different aspects the corona virus pandemic: **week one** on the sick, **week two** on those who have died and those who mourn, **week three** on NHS and care workers, **week four** on wider society*)
3. Glory to the Father . . .

Short Reflection

The Week's Designated Mysteries

(see the front page)

First Mystery (*the theme of the decade is announced by the leader*)

1. Our Father . . .
2. Hail Mary (*ten times*)
3. Glory to the Father . . .

The following four Mysteries follow the same pattern.

Conclusion

Fatima Prayer

O my Jesus, forgive us our sins,
save us from the fires of hell, and lead all souls to heaven,
especially those most in need of your mercy. **Amen.**

Regina Caeli

Joy to thee, O Queen of Heaven, **Alleluia.**
He whom thou wast meet to bear, **Alleluia.**
As he promised, hath arisen, **Alleluia.**
Pour for us to him thy prayer, **Alleluia.**

Rejoice and be glad, O Virgin Mary, alleluia, alleluia
For the Lord is risen indeed, alleluia, alleluia.

O God, who by the resurrection of thy Son,
our Lord Jesus Christ,
has given joy unto the world:
grant, we beseech thee
that by the help of his mother, the Virgin Mary,
we may obtain the joys of eternal life;
through Jesus Christ our Lord. **Amen.**

† **IN THE NAME of the Father, and of the Son,
and of the Holy Spirit. Amen.**